GENERAL RISK ASSESSEMENT FOR SWIMMERS/COACHES & POOLSIDE HELPERS - PENZANCE SWIMMING ASSOCIATION AND WATER POLO CLUB

RISK ASSESSMENT CARRIED OUT ON THE 01/06/25 Andy Hoskin and Carrie Richards REVIEW DATE June 2027

vHAZARD OBSERVED	WHO MAY BE HARMED?	RISK RATING BEFORE CONTROLS	CONTROL MEASURES	RISK RATING AFTER CONTROLS
Entry into Pool • Slips trips falls • Jumping in	• Swimmers	**Medium**	• Parkwood Leisure to ensure adequate signage indicating good pool management i.e. No jumping, No Bombing, No fighting etc. • Lifeguard Present.	**Low**
Diving • Collision • Banging head/body on bottom of the pool	• Swimmers	**Medium High**	• Parkwood Leisure to ensure adequate signage indicating shallow and deep water depths. • Diving must be supervised by the coach/coaches. • Swimmers to be trained to carry out shallow competitive starts from the blocks.	**Low**
In the Pool • Chemicals in the pool. Excess Chlorine in the pool. Breathing problems, irritation of the eyes.	• Swimmers	**Medium**	• Inspections by Parkwood Leisure management on a regular basis. • Lifeguards always available. • Parents/Guardians and Coaches to monitor swimmers behaviour.	**Low**
• Swimming aids left around the pool. • Injury through inappropriate behaviour. • Injury through Accident Collision.	• Swimmers	**Medium**	• Behavioural Guidelines to be included in the Code of Conduct. • Code of Conduct to be given to each swimmer. (Included in Welcome Pack). • Parkwood Leisure First Aider to be available at all times.	**Low**
Entry & Exit • Swimmers entering pool area before Coaches, helpers and lifeguards are in –situ. • Swimmers may enter or fall into water unsupervised. Risk of drowning for weak/novice swimmers.	• Swimmers • Spectators	**Medium**	• No swimmers to enter poolside area before Coaches/Poolside helpers and Parkwood Leisure lifeguards are in position.	**Low**
Entry & Exit • Wet swimmers entering spectator area barefooted. Spectator area surfaces may be or become slippery – swimmer or spectators fall.	• Swimmers • Spectators	**Medium**	• All swimmers instructed to report to Coaches/Poolside helpers before leaving poolside. Swimmers instructed to wear suitable footwear and to dry off before leaving poolside.	**Low**
Entry & Exit • Under 18 swimmers leaving venue early. Risk of abduction or injury.	• Swimmers	**Medium**	• Coaches/Poolside helpers advise swimmers not to leave building before collection by parents. In line with ASA Child Protection Policy . Reference to Club Parents Code of Conduct.	**Low**

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HAZARD OBSERVED	WHO MAY BE HARMED?	RISK RATING BEFORE CONTROLS	CONTROL MEASURES	RISK RATING AFTER CONTROLS
Car Park • Movement of vehicles. • Collision with vehicles.	• Swimmers • Coaches • Parents • Guardians • Helpers	**Medium**	• Swimmers reminded to use caution when going to and from swimming pool via car park. (Parental control) • Use laid out walkways. • Checked by Parkwood Leisure management on a regular basis.	**Low**
Entrance - Slip Trips and Falls • Inadequate/defective lighting. • Shoes and bags left in walkway areas or blocking doorways.	• Swimmers • Coaches • Parents • Guardians • Helpers	**Medium**	• Lighting checked by Parkwood Leisure management on a regular basis. • No bags to be left in the entrance foyer.	**Low**
Changing Rooms - Slip Trips and Falls • Inadequate/defective lighting. • Slippery or defective floors. • Defective seating. • Defective floors. • Shoes and bags left on floor areas, or blocking walk way.	• Swimmers • Coaches • Poolside helpers	**Medium**	• Lighting checked by Parkwood Leisure management on a regular basis. • Floors and seating checked by Parkwood Leisure management on a regular basis. • Swimmers to put clothing in lockers and swim bags in central reservation area poolside. • No bags to be left on floor or seating area.	**Low**
Poolside - Slip Trips and Falls • Inadequate/defective lighting. • Slippery or defective floors. • Pool depth signage. • Injury through inappropriate behaviour. • Injury through accident.	• Swimmers	**Medium**	• Inspections by Parkwood Leisure management on a regular basis. • Warning signs i.e. (No running). • Signage for depths. • Parents/Guardian and Coaches to monitor swimmers behaviour. • Behavioural Guidelines to be included in the Code of Conduct. • Code of Conduct to be given to each swimmer. • No equipment on pool edge or blocking emergency EXITS (Coach to supervise) • First Aider available at all times.	**Low**

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Competency of teachers/coaches 1. Swimmers 2. Risk of injury or drowning if sets are not appropriate. Less severe risk that the swimmer will not improve if the coach/teacher is not competent.	Swimmers Coaches	**medium**	Minimum of 1 Level 2 coach to be poolside at all times, if in case of emergency and no level 2 coach available without prior warning. Minimum level of coaching staff to be on poolside at any one time, In line with guidelines, a Level 2 swim teacher and a Level 1 coach, depending on numbers of poolside staff limit number of swimmers per session.	