Information Classification: CONTROLLED

Penzance Swimming and Water Polo Club

AGM Agenda

Date: 25th September 2025, 19:00 Location: PZ Leisure Centre

1. Agreement of Minutes from last meeting

2. Reports
    a. Chairs
    b. Finance
    c. Head Coach
    d. Competitions

3. Election of Executive and Committee members

4. Any other Business

5. Date and time of next AGM meeting

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AGM Minutes

Date: 25th September 25, 19:00 Location: PZ Leisure Centre

Item	Description	Action
1	All in attendance agreed the minutes from last AGM List of persons attending AGM: • Kerri Gendall • Fiona Jacobs • Lowenna Chandler • Sarah Hogget-Crisp • Louise Jarrett • Fay Mayo • Mags Pellow • Steph Holmes • Victoria Whitaker • Naomi Treneer • Tammy Rosewall • Charlotte Webb • Carrie Richards • Natasha Aly • Sean Hickman • Andy Hoskin	ALL
2a	For the Year Ending September 2025 Wow! What a year it has been with so much that has happened. It has been a great honour to serve as Chairperson of Penzance Swimming Club over the past few months in the most amazing year for the club! The time has flown by, and as a club we have achieved so much together with some massive triumphs. The club continues to go from strength to strength, with growth in membership across all sections, including the introduction of our Improvers Squads and the extension into St Ives. It's hard to believe this only began a year ago. The programme is now self-sustaining, with secure finances covering costs across the club as a whole. Working together as a committee, coaching team, and membership, we have firmly placed Penzance SA and WPC on the map as both a thriving community club and one of Cornwall's leading competitive swimming clubs. We even have a monthly waiting list to join, which is a testament to the demand for what we offer.	CR

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A particular highlight this year has been the relaunch of water polo, made possible through the appointment of a national-level coach. Sessions have quickly gained momentum, with strong participation and enjoyment, while also helping swimmers further develop their water skills.

Our swimmers have represented the club at a wide range of galas, consistently improving their race times and personal bests, while working towards qualification at local, regional, and national levels. At the Cornwall Counties, Penzance had one of the largest contingents of swimmers from across the county. This brought a wealth of PBs, age-group medals, finalists, and champions, with many competing at this level for the first time. We also won the Junior Inter-Club competition, showcasing the depth and breadth of talent across all our age groups.

Success continued at the South West Regionals, where a strong group of Penzance swimmers achieved finals medals and PBs – a fantastic accomplishment. At the very highest level, the club was represented at both the British and English Nationals, with Dimitri winning gold in the 50m backstroke – a truly outstanding achievement. The talent in the pool is incredible with many National level swimmers at times training together and inspiring younger children- something typically only seen at the larger clubs across the Country.

None of this success would have been possible without the dedication of our coaching team – Sean, Nigel, Simon, and Glyn – together with our poolside helpers. Their expertise, passion, and commitment are second to none, and I thank them all sincerely.

One of my personal highlights was hosting our own licensed Club Championships, generously sponsored by Cardinal Fitness. The turnout of swimmers was exceptional, the racing exciting, and the raffle prizes very kindly donated. My thanks go to all the volunteers who made the event possible. We also enjoyed our annual summer fun day at Jubilee Pool – this year blessed with sunshine – which created a fantastic atmosphere and a memorable day for swimmers and families alike.

Another exciting development has been the launch of Cardinal Fitness to support swimmers' land-based strength and conditioning training, gala preparation, nutrition advice and pre pool and race day plans. Sessions are tailored to each swimmer and we look forward to seeing the benefits in performances over the coming months.

We were proud once again to retain our Swim England affiliation, ensuring the club's continued operation and growth. A priority from last year was to encourage more parents to train as officials. Thanks to their incredible support, we have gone from one official to six fully trained J1s, all kindly offering their time to ensure galas can run in the future for our swimmers. This is a huge step forward.

Plans are already in place for our next Club Championships in November/December, followed by a Christmas celebration.

I also want to give special thanks to the club's volunteers – the backbone of everything we do. Tash, our Treasurer, who keeps our finances in check; Andy, our Secretary; Lauren, our Membership Secretary; Matt and Steph, our Safeguarding Officers; Fay, for

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managing our social media and supporting at events; Mags, for her tireless help at galas; and Charlotte, for securing incredible raffle donations from the community. Together, you are the small but mighty team that keeps this club flourishing, and we are enormously grateful.

Looking ahead, we are excited to see how Cardinal Performance training will support our swimmers at upcoming galas. Two of our swimmers have gained places on the Regional Pathway, giving them fantastic development opportunities this season. We also have a para-swimmer beginning the classification process, who has a work ethic, commitment, determination and dedication to be recognised with and we can't wait to see where this takes her. We are delighted to be supporting para swimming within our community.

Our growing water polo section is preparing for matches and regional trials. Five swimmers have already qualified for the Winter Regionals – no small feat given the tough standards required.

We are proud to offer a clear pathway for both competitive and community swimmers. Some will progress on the performance route, while others can enjoy swimming recreationally, with flexible sessions (including mornings) available for those who wish to train without the commitment of competition. This truly reflects our values as an inclusive swimming community.

Next month, six Penzance swimmers will represent the county team at the National Inter-Club Championships in Sheffield – a fantastic achievement. I am honoured to attend as Lead Team Manager for Cornwall, alongside Glyn in his role as Cornwall ASA President and James in his role as lead coach. This further strengthens our club's place in supporting swimming across the county.

We are also grateful to Parkwood Leisure for securing a new set of lane ropes, ensuring the smooth running of future galas to keep competing available locally for children in Cornwall.

In addition, we have worked with Swim England to secure Level 1 and 2 coaching courses in Cornwall – to be delivered in Penzance and Bodmin for the first time in many years. By reducing costs and travel, we have made it possible for more coaches to qualify locally, including our own Louise and Paul, who will soon be poolside supporting our swimmers.

As a club, we are in a strong and secure position, set up for an amazing season ahead. This is thanks to the commitment and hard work of everyone working together as one team.

Thank you all for an incredible year – and here's to the exciting season to come.

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2b	**PENZANCE SWIMMING ASSOCIATION AND WATER POLO CLUB** **TREASURER'S REPORT FOR AGM 2025** Preparation of the club accounts is for the financial year running from 1st April 2024 to 31st March 2025. I am pleased to advise that the club's financial position has continued to improve over the 24/25 period, building on the continued growth in membership numbers, vigilance over expenditure and ensuring that fees for new opportunities, like the technique sessions run in Autumn 2024, are set to cover costs. As a result there was a healthy surplus generated over the period and a subsequent increase in the Reserves moving into the current period which now allows us to consider re-investing some of this in to things like training courses for our poolside team to ensure that the club has sustainable growth moving forwards. Analysing the income and expenditure into different categories provides a better understanding to inform future budgeting and this year the accounts showed the following: 1. Squad session training costs, which are the pool hire & coaching and teaching costs associated with those training hours, are fully covered by the monthly fees paid for swimmers and generated a surplus. 2. The annual Club membership fee was set at £20 this year, rather than just nominally rounding up the Swim England membership cost, and as a result this generated a good surplus over the year which meant the club's administration overheads like Club Organiser, the website, meeting room hire, etc were all fully covered with some left over to help cover the deficit in the Competitions Support category. 3. The Fundraising category, which includes club hat sales and Club Championships held in December 2024, showed a surplus as expected. 4. The only category showing a deficit is Competitions Support where the Club's expenses in providing coaching support at galas, particularly away meets & the Regional Championships weekends, continues to far exceed the income received as swimmers' gala payments. This is unavoidable but has been mitigated over the last two years with the £5 club support fee for swimmers when entering galas and more carefully considering the competitions calendar in terms of the number of meets attended and the locations. Looking ahead to the next financial period the Committee will continue to be mindful of expenditure and will also be looking at the Club's legal status and considering alternative ways to run the club such as constituting as a company or as a registered charity.	
2c &d	**Head Coach Annual Report 2024/25** **September 2024** NCD Newquay Sprint Meet - 43 swimmers, 171 swims, 110 PBs (64% conversion) Medals – 12 Gold, 10 Silver, 19 Bronze = 41 Total (24% conversion) Junior Inter Club – 30 Swimmers, 2nd Place overall behind Truro	SH

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October 2024

Carn Brea Open Meet – 32 swimmers, 119 swims, 83 PBs (70% conversion)
Medals – 21 Gold, 27 Silver, 30 Bronze = 78 Total (66% conversion)

National Inter County Teams @ Sheffield – 5 swimmers selected

November 2024

NCD Newquay Open Meet – 33 swimmers, 112 swims, 94 PBs (84% conversion)
Medals – 32 Gold, 22 Silver, 19 Bronze = 72 Total (64% conversion)

Club Champs – Results to follow

Carn Brea Open – 55 swimmers, 188 swims, 135 PBs (72% conversion)
Medals – 63 Gold, 46 Silver, 26 Bronze = 135 Total (72 % conversion)

December 2024

Rising Stars – 42 swimmers, 154 swims, 132 PBs (86% conversion)
Medals – 71 Gold, 28 Silver, 20 Bronze = 119 Total (77% conversion)

January 2025

County 800m – 17 Swimmers, 17 swims, 13 PBs (76% conversion)
Medals – 3 Gold, 2 Silver, 1 Bronze = 6 Total (35% conversion)
County 1500m – 10 Swimmers, 10 swims, 6 PBs (60% conversion)
Medals – 4 Gold, 1 Silver, 1 bronze = 6 Total (60% conversion)

Junior Inter Club – 24 swimmers – Results: 1st PZ 138 pts, 2nd NQ 110 pts, 3rd Truro 96 pts, 4th Bude 44 pts
20 1st places, 16 2nd places, 5 3rd places from 42 events with only 1 DQ!!!!

February 2025
Counties – 58 swimmers, 410 swims, 302 PBs (74%)
Medals – 40 Gold, 36 Silver, 36 Bronze = 112 Total (27%)

April 2025
Regional Age Groups –
Tilly: 400 F/S, LC PB, finished 10th (seeded 12th);
1500 F/S SC and LC PB, finished 4th (seeded 4th);
Hugo: 50 Fly, SC and LC PB, finished 27th (seeded 50th);

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Caio: 50 Fly, SC and LC PB, finished 18th (seeded 40th);
50 B/C, SC and LC PB, finished 24th (seeded 42nd);
50 F/S, DQ;
Lola CD: 50 BS, SC and LC PB, finished 22nd (seeded 31st);
Jason: 50 B/C, LC PB, finished 43rd (seeded 30th);
200 B/C, LC PB, finished 32nd (seeded 33rd);
Poppy: 100 B/C, LC PB, finished 23rd (seeded 22nd);
Sofia: 200 B/S, LC PB, finished 34th (seeded 27th);

Max: 200 F/S, LC PB, finished 11th (seeded 12th);
100 B/S, finished 13th (seeded 5th);
200 IM, LC PB, finished 16th (seeded 16th);
50 F/S, LC PB, finished 22nd (seeded 15th);
200 B/S – Heat, LC PB, finished 8th (seeded 5th);
Final, LC PB, finished 8th;
400 F/S, LC PB, finished 6th (seeded 11th);
100 Fly, LC PB, finished 12th (seeded 11th);
50 B/S, LC PB, finished 13th (seeded 7th);
100 F/S, LC PB, finished 13th, (seeded 22nd);
400 IM, LC PB, finished 5th (seeded 6th);
800 F/S, LC PB, Bronze Medal (seeded 5th)
Dmitri: 50 Fly, SC and LC PB, finished 10th (seeded 22nd);
50 B/C – Heat finished 4th (seeded 6th);
Final finished 3rd – Bronze Medal;
100 B/C – Heat, LC PB, finished 6th (seeded 5th);
Final, LC PB finished 3rd – Bronze Medal;
50 F/S, finished 9th (seeded 11th);
9 swimmers, 29 swims, 24Bs (83%)
Medals – Bronze x 3
Top 10 finishes – 9/29 (31%)
Improvements on seeded position – 18/29 (62%)

June 2025

Club Champs – Fast 5
80 swimmers, 377 races, 274 PBs (73%)

July 2025

Rising Stars
25 swimmers, 102 swims, 88 PBs (86%)
23 Gold, 25 Silver, 15 Bronze = 63 medals (62%)

National Summer Meet
1 swimmer (Dmitri), 4 swims, 3 PBs (long course)
1 Gold Medal

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3	Position	Nominated	Proposed	Seconded	Voted
	President	-			
	Chairman	Carrie Richards	Andy Hoskin	Natasha Aly	
	Secretary	Andy Hoskin	Carrie Richards	Mags Pellow	
	Treasurer	Natasha Aly	Andy Hoskin	Carrie Richards	
	Membership Secretary	Lauren Russell	Andy Hoskin	Natasha Aly	
	Competition Secretary	Carrie Richards	Natasha Aly	Fay Mayo	
	Committee Member	Fay Mayo	Carrie Richards	Andy Hoskin	
	Committee Member	Steph Holmes			Resigned 26/09/25
	Committee Member	Charlotte Webb			
	Committee Member	Mag's Pellow			
	Committee Member	Louise Jarred			
	Committee Member				
	Welfare officer – Matt Frost				
4	Victoria W – raised concerns with regard to the new structure of the club, with two main concerns 1) children were asked without parent knowledge, if they wated / were looking to compete this season - Sean replied as head coach this is his standard approach to ensure the children are engaged and he can actively offer them the training they require to potentially obtain their goals. 2) concerned children are being pushed out of the club as 'non competing' members are being offered alternative days and times for training. - Long discussion with Sean clarifying the situation, that we are trying to offer more opportunities and diverse training schedules to suit swimmers requirements, given the recent growth of the club there is a need to manage the number of swimmers in each session due to Swim England regulations regarding ratios between coaching staff and swimmers, despite increasing the poolside team significantly the pinch point has now become the need to consider overcrowding in the lanes. To offer swimmers the best opportunity and sufficient space in each pool session, the coaching team have altered the main Monday and Thursday sessions to focus on Gala preparation for those wishing to complete. For those not wishing to compete these sessions would only have limited appeal and benefit so have been offered a wider selection of our other existing club sessions so they can achieve their goals. - Note from secretary I recognise if swimmers have been attending Monday and Thursday sessions exclusively so far, but no longer wish to compete. The new sessions offered may not fit in with other commitments they have but as a club				

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	(poolside team and committee) we are unable to accommodate each individual's circumstances when looking holistically at the direction of the club. Anyone who would like to proactively shape the club going into the future would be welcome to join the committee to involve all parts of the club and have their voice heard and opinions aired. Upcoming galas – lack of promoted galas, concern from AGM members and Sean.	
5	September 20th September 2025	